

# DIAMOND BLAST

08/22/2005

Newsletter of the Boca Raton ATA Taekwondo Club: Issue 35 (Online at <http://bocaata.0catch.com>)

## Birthdays in Aug/Sep

Aug 09: Jake Fumero  
Aug 11: Michelle Mylott  
Aug 11: Massimo Fillichio  
Aug 15: Eamonn Browne  
Aug 18: Isabel Hissom  
Aug 18: David Swan  
Aug 20: Jessica Escalera  
Aug 29: Robert Oliver, Sr.  
Aug 30: Brian Hinners  
Aug 30: Miguel Nelson  
Sep 03: Zachary Jannotta  
Sep 03: Jared Jannotta  
Sep 05: Oscar Colmenares  
Sep 08: Brittney Hinners  
Sep 10: Pamela Sussman  
Sep 13: Severija Saladziute  
Sep 17: Jose' Espinosa  
Sep 29: Patrick Lewis  
Sep 30: James Gandour

## Upcoming events

Aug 27: Belt Promotion (6:30p)  
Aug 30: Panama City Tourn.  
Sep 01: Closed Labor Day  
Oct 10: Rank Test (6:30p)  
Oct 17: Closed for Nationals  
Oct 18: Orlando Nationals  
Nov: 21: Black Belt Tst (6:30p)  
Nov 15: Perry, GA Tournament

## Tutoring Available

For information about our after-school tutoring, please see Mr. Patrick Oliver.

## Orlando Nationals

The ATA Fall National Tournament will be held in Orlando, with high-rank black belt competition/testing and black belt weapons competition on Friday, October 17, and all other competition on Saturday, October 18. If you plan to attend, please see Mr. Nelson ASAP because all competitors (black belt and color belt) must pre-register to participate in this tournament. This is a national tournament that's practically in our back yard, so please plan to join us in Orlando!

## Student of the Month

**Rudolph Maccari**  
**Congratulations!!!**

## Family Picnic

We had our annual family picnic last Sunday, Aug 17. The food was great, and everyone had a terrific time. If you missed it this year, be sure to make it next year!



## Camping in November

We are planning a camping trip at Sebastian Inlet some time in November. If you're interested, please put your name on Mr. Nelson's signup sheet.

Editor: Mr. Mike Lewis

## Homework Tips for

### Parents

School has started again, and with it comes homework. Here are some tips from Parent Journal to help parents help their children manage homework:

Keep in touch with the teacher or teachers to be fully aware of the quantity and the quality of the homework turned in.

Set a schedule (both a beginning and an ending time). Most kids need some time to unwind after school before they tackle their homework. Doing it too close to bedtime may make it difficult due to fatigue. Fridays are the best day for weekend homework because assignments are still fresh in mind and you avoid last minute panic rushes.

## Melbourne Tournament

Congratulations to everyone who attended the recent regional tournament in Melbourne!

Michael Chopp  
Viviana Collazo  
Lina Ferguson  
Rachael Ferguson  
Richard Ferguson  
Samuel Ferguson  
Wayne Ferrell  
Paul Kepinski  
Michael Lewis  
Patrick Lewis  
Jack Mylott  
Michelle Mylott  
Miguel Nelson  
Patrick Oliver  
Anthony Robustelli  
Darunee Robustelli  
Kathleen Robustelli  
Peter Robustelli  
Tito Santiago  
Chelsea Sloan  
Kristin Sloan  
Robert Sloan  
Jennifer Smith  
Sara Smith  
Shane Smith  
Mikayla Swan